

Rainbow Autism Center

Support for the Whole Family



Counseling for Siblings of Children with Autism Spectrum Disorder, Developmental Disabilities, and Special Healthcare Needs

Whether it is sharing in the news of a recent ASD diagnosis or experiencing worry surrounding the prospect of becoming a primary caretaker in the future, siblings of special needs children often experience very real stress and anxiety. It can be helpful for siblings of special needs children to have a professional to talk to as they process their complex emotions.

This clinic is designed to help children from 5-15 years old talk about the realities of life with a sibling who has a disability. During their individual visits, the child or adolescent will work to address concerns at home, develop coping skills, and practice stress reduction techniques that will benefit the child and the family as a whole.

Counseling with
Beth Mishkind Roth, MSSA, LISW-S
Clinical Social Worker
Autism Patient Navigator

For additional information or to schedule an appointment, please contact:

Developmental Behavioral Pediatrics & Psychology
UH Rainbow Babies & Children's Hospital 216-844-3230

For every question, every kid,
There's only one Rainbow.

216-UH4-KIDS (216-844-5437)

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