# Family ECHO: Connect and Learn from Behavioral Health Experts

# What is Family ECHO?

Family ECHO uses ZOOM technology to connect families and caregivers with a team of experts to learn about and discuss topics such as improving and managing behaviors, self-care, anxiety, family supports and resources. This format allows you to learn from home.

## Who can participate?

Parents and caregivers of children with developmental disabilities including autism.

# **How Family ECHO works:**

Family ECHO meets virtually on a weekly basis to learn in real time from subject matter experts. Participants have a chance to learn about topics related to children with developmental disabilities including autism. Participants will learn in real-time from subject matter experts and learn about best practices.

## Family ECHO participants will:

- Register and participate in a 60-minute session using Zoom each week.
- Attend sessions on registered dates and times.
- Learn from best practices subject matter experts about topics related to children with development
- Disabilities including autism.
- Engage in interactive discussion on session topic and case presentation.
- Complete survey at the end of sessions to give feedback.

### Space is limited!

Register and learn more at NationwideChildrens.org/ECHO



When your child needs a hospital, everything matters.