

# *Getting Health Insurance to Pay for ABA Therapy*

Eric Gaum



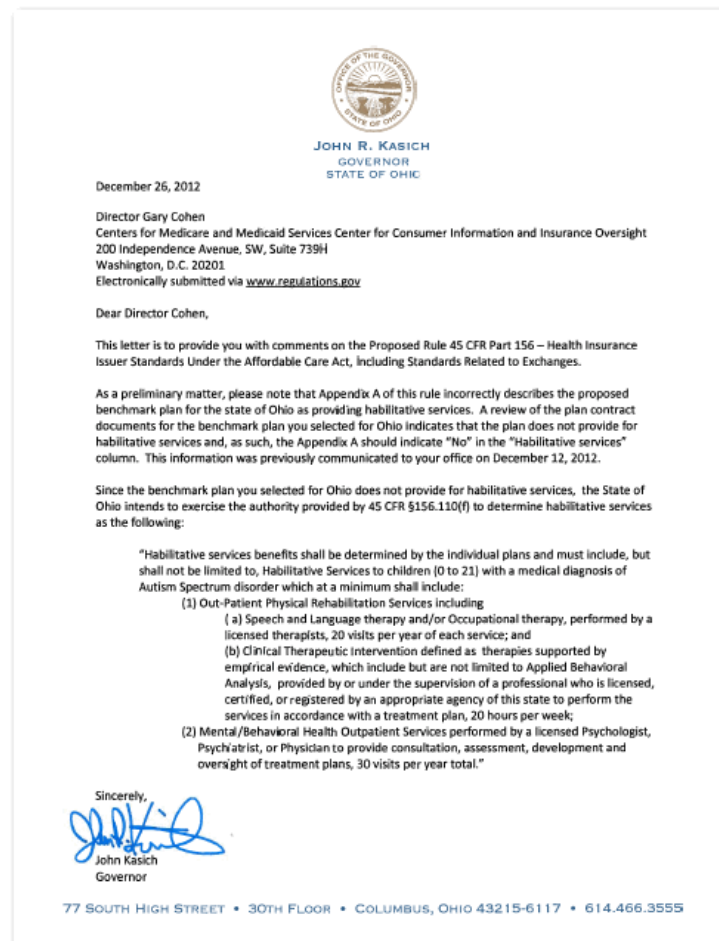
## **Learning Objectives**

Understand the basis for health insurance coverage of ABA therapy for children in Ohio

Learn how to tender claims for ABA therapy coverage to health insurance carriers

Understand how to advocate for the broadest reimbursement for ABA therapy from health insurance carriers

## How is ABA therapy covered by health insurance in Ohio?



## How is ABA therapy covered by health insurance in Ohio?



**JOHN R. KASICH**  
GOVERNOR  
STATE OF OHIO

December 26, 2012

Director Gary Cohen

Centers for Medicare and Medicaid Services Center for Consumer Information and Insurance Oversight

200 Independence Avenue, SW, Suite 739H

Washington, D.C. 20201

Electronically submitted via [www.regulations.gov](http://www.regulations.gov)

Dear Director Cohen,

Dear Director Cohen,

This letter is to provide you with comments on the Proposed Rule 45 CFR Part 156 – Health Insurance Issuer Standards Under the Affordable Care Act, Including Standards Related to Exchanges.

As a preliminary matter, please note that Appendix A of this rule incorrectly describes the proposed benchmark plan for the state of Ohio as providing habilitative services. A review of the plan contract documents for the benchmark plan you selected for Ohio indicates that the plan does not provide for habilitative services and, as such, the Appendix A should indicate “No” in the “Habilitative services” column. This information was previously communicated to your office on December 12, 2012.

Since the benchmark plan you selected for Ohio does not provide for habilitative services, the State of Ohio intends to exercise the authority provided by 45 CFR §156.110(f) to determine habilitative services as the following:

**"Habilitative services benefits shall be determined by the individual plans and must include, but shall not be limited to, Habilitative Services to children (0 to 21) with a medical diagnosis of Autism Spectrum disorder which at a minimum shall include:**

Children from birth to 21 years of age are eligible

Must have a medical diagnosis of Autism Spectrum disorder

(1) Out-Patient Physical Rehabilitation Services including  
( a) Speech and Language therapy and/or Occupational therapy, performed by a  
licensed therapists, 20 visits per year of each service; and

Speech and Language therapy; Occupation therapy

Performed by licensed therapists

Limited to 20 visits per year of each service

What is a visit?



## ***The Money Shot***

(b) Clinical Therapeutic Intervention defined as therapies supported by empirical evidence, which include but are not limited to Applied Behavioral Analysis, provided by or under the supervision of a professional who is licensed, certified, or registered by an appropriate agency of this state to perform the services in accordance with a treatment plan, 20 hours per week;



**“Clinical Therapeutic intervention defined as therapies supported by empirical evidence, which include but are not limited to Applied Behavioral Analysis...”**

Coverage is not limited to ABA therapy

The key is that is it supported by “empirical evidence,” i.e., scientifically based research

**“Clinical Therapeutic intervention defined as therapies supported by empirical evidence, which include but are not limited to Applied Behavioral Analysis...”**

Examples include:

Applied Behavior Analysis (ABA)

Discrete Trial Training (DTT)

Functional Communication Training (FCT)

Pivotal Response Training (PRT)

Cognitive-Behavioral Therapy

“Clinical Therapeutic intervention defined as therapies supported by empirical evidence, which include but are not limited to Applied Behavioral Analysis, **provided by or under the supervision of a professional who is licensed, certified, or registered by an appropriate agency of this state to perform the services in accordance with a treatment plan...**”

## **Insurance covers up to 20 hours per week**

An average school day from 9 to 2:30 = 5.5 hours a day

Five days a week x 5.5 hours = 27.5 hours a week

Subtract out 1 hour a day for lunch = 22.5 hours a week

(2) Mental/Behavioral Health Outpatient Services performed by a licensed Psychologist, Psychiatrist, or Physician to provide consultation, assessment, development and oversight of treatment plans, 30 visits per year total.”

Limited to 30 visits per year of each service

What is a visit?

**20. What is the practical implication of the Governor's Habilitative Services letter?**

Ohio will require coverage for certain individuals with a diagnosis of autism spectrum disorder by all plans that are mandated to meet Essential Health Benefit (EHB) requirements. Generally, all new plans sold to small employer groups (between 2 and 50 employees) and to individuals, both inside and outside of the exchange, are required to meet EHB requirements. For more information about EHB, click here.

[http://ohiohealthbenefits.net/ODI\\_FederalHealthReformFAQs.pdf](http://ohiohealthbenefits.net/ODI_FederalHealthReformFAQs.pdf)

New health insurance plans sold to individuals

New health insurance plans sold to small employer groups  
(between 2 and 50 employees)

## **Not all health insurance plans are required to provide coverage for ABA therapy**

Grandfathered plans, those that have existed continuously since before March 23, 2010 without significant changes, are not required to contain or comply with the Essential Health Benefits package and certain other ACA requirements

Be sure to check with your health insurance carrier to make sure it provides coverage!



## How do you actually get insurance to pay for ABA therapy?

### 21. What does the Habilitative Services definition encompass?

Habilitative Services benefits will be determined by the individual plans and must include, but shall not be limited to, Habilitative Services to children (0 to 21) with a medical diagnosis of Autism Spectrum disorder.

[http://ohiohealthbenefits.net/ODI\\_FederalHealthReformFAQs.pdf](http://ohiohealthbenefits.net/ODI_FederalHealthReformFAQs.pdf)

You will need a medical diagnosis of autism spectrum disorder

Developmental Pediatrician - MD

## **Developmental Pediatrician**

Also have him/her provide a written prescription for ABA therapy so you can write off on your taxes whatever costs are not covered by insurance as a medical expense

\* Insurance is unlikely to cover all expenses

## **How do you actually get insurance to pay for ABA therapy?**

Get your insurance carrier to authorize the treatment in advance

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# DO EVERYTHING IN WRITING!!!

## **How do you actually get insurance to pay for ABA therapy?**

Is your ABA provider in-network or out-of-network?

If in-network, your life is easy...

It's just like going to any other doctor:

- Show your health insurance card

- Pay a small co-pay

- Provider writes off portion of its fees

- Provider handles submission of claim to carrier

## What happens if the ABA provider is out-of-network?

**YOU** have to handle more paper work

**YOU** will be reimbursed less by the insurance company

## **TIP to help save money:**

Get the insurance company to treat your out-of-network provider as if it were in-network

Anthem (and presumably others) will do an In Network (INN) override if comparable services cannot be found within 30 miles of your zip code

If granted, then reimbursement for Out of Network (ONN) provider will be at INN rate (and INN deductibles, etc.)



**2016 Year-to-date information** — *To learn more about what's covered, see your benefits booklet.*

It's important to know how close you are to meeting your plan's deductible and out-of-pocket maximum.

**Plan deductible**

	In-network maximum	Applied to date	Remaining deductible	Out-of-network maximum	Applied to date	Remaining deductible
<b>Individual</b>	\$1,250.00	\$1,250.00	\$0.00	\$3,750.00	\$1,691.32	\$2,058.68
An individual deductible may be different than your deductible for all covered family members combined.						
<b>Family</b>	\$2,500.00	\$2,500.00	\$0.00	\$7,500.00	\$1,691.32	\$5,808.68

## **Submitting a claim for ABA therapy to your insurance company**

Steps for submitting a claim to Anthem, my carrier:



# Medical Claim Form

## Medical Claim Form

Read instructions on reverse side.  
Mail to:  
Anthem Blue Cross and Blue Shield  
PO Box 105137  
Atlanta, GA 30334



PART 1: CUSTOMER AND PATIENT INFORMATION - Please print or type									
1. Customer first name		2. Last name		3. Street address		4. City		5. State	
6. Customer sex		7. Group name		8. Customer certificate or ID no.		9. If new, appears on ID card, copy numbers exactly		10. Anthem plan code numbers (based on ID card)	
11. Is the patient eligible for Medicare?		12. I authorize release to Anthem of any information pertaining to this claim.		13. Patient's signature (parent or guardian, if minor)		14. Date			
15. Patient first name		16. Last name		17. Patient relation to customer		18. Patient's date of birth		19. Patient's sex	
20. Patient's birthdate		21. Customer birthdate		22. Spouse birthdate		23. Is patient a full-time student 18 years of age or older?		24. If yes, name of school	
25. If the patient is other than the customer, is the patient covered by any other group medical policy (including Anthem Blue Cross and Blue Shield)?		26. Other policy holder name		27. Patient employer		28. Other insurer		29. If yes, complete the following:	
30. Other insurer street address		31. City		32. State		33. ZIP code		34. Patient certificate no.	
35. Effective date of patient contract		36. Was this condition related to:		37. Describe the illness, injury or symptom		38. Date symptom first appeared		39. ~ 2 years of age	
40. Autism		41. Date symptom first appeared		42. Date patient first consulted you for this condition		43. Has patient ever had similar symptoms?		44. Referring physician	
45. Name and address of facility where service was rendered (other than home or office)		46. For services related to hospitalization		47. Admission date		48. Discharge date		49. Was service related to routine physical?	
50. Is patient totally disabled?		51. Dates of total disability		52. Was outside lab work performed?		53. Change		54. Was service related to routine physical?	
55. Diagnosis or nature of illness, injury or symptom. State diagnosis to procedure in column 1 by reference to numbers 1, 2, 3, etc.		56. Procedure, explain unusual services or circumstances related to procedure, ICD-9-CM code, CPT code, or applicable code for each date given		57. Diagnosis code		58. Charges		59. Date of date	
60. Date of date		61. Place of service (see back)		62. Type of service		63. Priority group (see back)		64. Anthem use only	
65. Total charges		66. Patient account number		67. Provider TIN		68. Anthem identification number		69. To receive payment, you must indicate your Anthem identification number in block 26.	
70. Physician/provider name		71. Street address		72. City		73. State		74. ZIP code	
75. Signature		76. Date		77. I certify that these services were performed by me or in my presence under my supervision.		78. Physician/provider name		79. Street address	
80. City		81. State		82. ZIP code		83. Signature		84. Date	

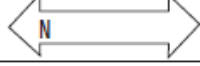
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## Medical Claim Form

Read instructions on reverse side.

Mail to:  
Anthem Blue Cross and Blue Shield  
PO Box 105187  
Atlanta, GA 30348



PART 1: CUSTOMER AND PATIENT INFORMATION — Please print or type								
1. Customer first name	M.I.	Last name	Street address	<input type="checkbox"/> New address	City	State	ZIP code	Phone no. ( )
2. Customer sex <input type="checkbox"/> Male <input type="checkbox"/> Female	3. Group name		4. Customer certificate or ID no. If arrow appears on ID card, copy numbers exactly.			Anthem plan code (numbers found on ID card)		
								
5. Is the patient eligible for Medicare? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, please read filing instructions on reverse side. Medicare health insurance claim no. _____				6. I authorize release to Anthem of any information pertaining to this claim. <b>X</b> Patient's signature (parent or guardian, if minor) _____ Date _____				
7. Patient first name	M.I.	Last name	8. Patient relation to customer 1 <input type="checkbox"/> Self (male)    3 <input type="checkbox"/> Husband    5 <input type="checkbox"/> Son    7 <input type="checkbox"/> Other male dependent 2 <input type="checkbox"/> Self (female)    4 <input type="checkbox"/> Wife    6 <input type="checkbox"/> Daughter    8 <input type="checkbox"/> Other female dependent					
9. Patient birthdate	Age	Customer birthdate	Age	Spouse birthdate	Age	10. Is patient a full-time student 19 years of age or older? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, name of school: _____		
11. If the patient is other than the customer, is the patient covered by any other group medical policy (including Anthem Blue Cross and Blue Shield)? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, complete the following.								
Other policyholder name			Patient employer			Other insurer		
Other insurer street address			City	State	ZIP code	Patient certificate no.		Effective date of patient contract
12. Was the condition related to: A. Employment <input type="checkbox"/> Yes <input type="checkbox"/> No B. Accident <input type="checkbox"/> Yes <input type="checkbox"/> No		Date	13. Describe the illness, injury or symptom					Date symptom first appeared

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# Health Insurance Claim Form

**HEALTH INSURANCE CLAIM FORM**  
APPROVED BY NATIONAL UNIFORM CLAIM COMMITTEE (NUCC) 02/02

1. ☒ MEDICARE ☐ MEDICAID ☐ TRICARE ☐ CHAMPVA ☐ OTHER PLAN ☐ OTHER ☐ 14. INSURED'S ID. NUMBER (or Program's ID#)

2. PATIENT'S NAME (Last Name, First Name, Middle Initial) 3. PATIENT'S DATE OF BIRTH (MM/DD/YY) SEX ☐ M ☐ F 4. INSURED'S NAME (Last Name, First Name, Middle Initial)

5. PATIENT'S ADDRESS (St, Apt) 6. PATIENT'S RELATIONSHIP TO INSURED Set ☐ Spouse ☐ Child ☐ Other 7. INSURED'S ADDRESS (St, Apt)

8. CITY STATE 9. RESERVED FOR NUCC USE 10. CITY STATE

11. ZIP CODE TELEPHONE (Include Area Code) 12. ZIP CODE TELEPHONE (Include Area Code)

13. OTHER INSURED'S NAME (Last Name, First Name, Middle Initial) 14. IS PATIENT'S CONDITION RELATED TO: YES ☐ NO ☐ 15. INSURED'S POLICY GROUP OR PROGRAM NUMBER

16. OTHER INSURED'S POLICY OR GROUP NUMBER 17. EMPLOYMENT (Current/Retired) YES ☐ NO ☐ 18. INSURED'S POLICY GROUP OR PROGRAM NUMBER

19. RESERVED FOR NUCC USE 20. AUTO ACCIDENT? YES ☐ NO ☐ PLACE (State) 21. OTHER CLAIMED (Specify by NUCC)

22. RESERVED FOR NUCC USE 23. OTHER ACCIDENT? YES ☐ NO ☐ 24. INSURANCE PLAN NAME OR PROGRAM NAME

25. CLAIM CODE (Designated by NUCC) 26. IS THERE ANOTHER HEALTH BENEFIT PLAN? YES ☐ NO ☐ If yes, complete items 27, 28, and 29.

27. INSURED'S OR AUTHORIZED REPRESENTATIVE'S SIGNATURE (I authorize the release of any medical or other information necessary to process this claim. I also request payment for services rendered when I request it. The party who accepts assignment) 28. INSURED'S OR AUTHORIZED REPRESENTATIVE'S SIGNATURE (I authorize the release of any medical or other information necessary to process this claim. I also request payment for services rendered when I request it. The party who accepts assignment)

29. DATE OF CURRENT ILLNESS, INJURY, OR PREEXISTING CONDITION 30. DATE OF OTHER DATE 31. DATE OF BIRTH (MM/DD/YY) TO WORK IN CATEGORY OCCUPATION

32. NAME OF PROVIDER OR OTHER SOURCE 33. NAME OF PROVIDER OR OTHER SOURCE 34. HOSPITALIZATION DATES (Related to Outpatient Services) FROM TO

35. OUTSIDE LAB? YES ☐ NO ☐ 36. CHARGES? YES ☐ NO ☐ 37. PERMISSION CODE ORIGINAL REF. NO.

38. PRIOR AUTHORIZATION NUMBER

39. A. DATE OF SERVICE FROM TO B. PLACE OF SERVICE FROM TO C. PROCEDURE, SERVICE, OR SUPPLY FROM TO D. PROVIDER'S NAME (Last Name, First Name, Middle Initial) E. PROVIDER'S ADDRESS FROM TO F. INSURED'S ADDRESS FROM TO G. INSURED'S CITY FROM TO H. INSURED'S STATE FROM TO I. INSURED'S ZIP CODE FROM TO J. PROVIDER'S PHONE NO. FROM TO K. PROVIDER'S FAX NO. FROM TO L. PROVIDER'S E-MAIL FROM TO


40. MEDICAL TAX ID NUMBER 41. PATIENT'S ACCOUNT NO. 42. ACCOUNT ASSIGNMENT? YES ☐ NO ☐ 43. TOP BILL CHARGE 44. AMOUNT PAID 45. INSURED'S ID. #

46. SIGNATURE OF PHYSICIAN OR SUPPLIER INCLUDING DEGREE OR CREDENTIALS (I certify that the services or supplies are medically necessary and appropriate for the patient.) 47. SERVICE PROVIDER'S LOCATION INFORMATION 48. BILLING PROVIDER'S ID. #

49. DATE 50. DATE 51. DATE 52. DATE 53. DATE 54. DATE 55. DATE 56. DATE 57. DATE 58. DATE 59. DATE 60. DATE

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# Health Insurance Claim Form



## HEALTH INSURANCE CLAIM FORM

APPROVED BY NATIONAL UNIFORM CLAIM COMMITTEE (NUCC) 02/12

CARRIER

☐ PICA

☐ PICA

<p>1. MEDICARE <input type="checkbox"/> MEDICAID <input type="checkbox"/> TRI-CARE <input type="checkbox"/> CHAMPVA <input type="checkbox"/> GROUP HEALTH PLAN <input type="checkbox"/> FECA BENEFIT <input type="checkbox"/> OTHER <input type="checkbox"/></p> <p><input checked="" type="checkbox"/> (Medicare #) <input type="checkbox"/> (Medicaid #) <input type="checkbox"/> (ID #/DCDI #) <input type="checkbox"/> (Member ID #) <input type="checkbox"/> (ID #) <input type="checkbox"/> (ID #)</p>	<p>1a. INSURED'S I.D. NUMBER (For Program in Item 1)</p>	PATIENT AND INSURED INFORMATION	
<p>2. PATIENT'S NAME (Last Name, First Name, Middle Initial)</p>	<p>3. PATIENT'S BIRTH DATE (MM/DD/YY) SEX <input type="checkbox"/> M <input type="checkbox"/> F</p>		<p>4. INSURED'S NAME (Last Name, First Name, Middle Initial)</p>
<p>5. PATIENT'S ADDRESS (No., Street)</p>	<p>6. PATIENT RELATIONSHIP TO INSURED Self <input type="checkbox"/> Spouse <input type="checkbox"/> Child <input type="checkbox"/> Other <input type="checkbox"/></p>		<p>7. INSURED'S ADDRESS (No., Street)</p>
<p>CITY STATE</p>	<p>8. RESERVED FOR NUCC USE</p>		<p>CITY STATE</p>
<p>ZIP CODE TELEPHONE (Include Area Code)</p>	<p>9. OTHER INSURED'S NAME (Last Name, First Name, Middle Initial)</p>		<p>ZIP CODE TELEPHONE (Include Area Code)</p>
<p>10. IS PATIENT'S CONDITION RELATED TO:</p>	<p>11. INSURED'S POLICY GROUP OR FECA NUMBER</p>		<p>12. INSURED'S DATE OF BIRTH (MM/DD/YY) SEX <input type="checkbox"/> M <input type="checkbox"/> F</p>
<p>a. EMPLOYMENT? (Current or Previous) <input type="checkbox"/> YES <input type="checkbox"/> NO</p>	<p>a. INSURED'S CLAIM ID (Designated by NUCC)</p>		<p>b. OTHER CLAIM ID (Designated by NUCC)</p>
<p>b. AUTO ACCIDENT? <input type="checkbox"/> YES <input type="checkbox"/> NO</p>	<p>c. INSURANCE PLAN NAME OR PROGRAM NAME</p>		<p>c. INSURANCE PLAN NAME OR PROGRAM NAME</p>
<p>c. OTHER ACCIDENT? <input type="checkbox"/> YES <input type="checkbox"/> NO</p>	<p>d. IS THERE ANOTHER HEALTH BENEFIT PLAN? <input type="checkbox"/> YES <input type="checkbox"/> NO <i>If yes, complete items 9, 9a, and 9d.</i></p>		<p>d. IS THERE ANOTHER HEALTH BENEFIT PLAN? <input type="checkbox"/> YES <input type="checkbox"/> NO <i>If yes, complete items 9, 9a, and 9d.</i></p>
<p>d. INSURANCE PLAN NAME OR PROGRAM NAME</p>	<p>10d. CLAIM CODES (Designated by NUCC)</p>		<p>13. INSURED'S OR AUTHORIZED PERSON'S SIGNATURE I authorize payment of medical benefits to the undersigned physician or supplier for services described below.</p>

READ BACK OF FORM BEFORE COMPLETING & SIGNING THIS FORM.

12. PATIENT'S OR AUTHORIZED PERSON'S SIGNATURE I authorize the release of any medical or other information necessary to process this claim. I also request payment of government benefits either to myself or to the party who accepts assignment below.

SIGNED \_\_\_\_\_ DATE \_\_\_\_\_

SIGNED \_\_\_\_\_



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14. DATE OF CURRENT ILLNESS, INJURY, or PREGNANCY (LMP) MM DD YY QUAL										15. OTHER DATE QUAL MM DD YY										16. DATES PATIENT UNABLE TO WORK IN CURRENT OCCUPATION FROM MM DD YY TO MM DD YY																																							
17. NAME OF REFERRING PROVIDER OR OTHER SOURCE										17a. NPI										18. HOSPITALIZATION DATES RELATED TO CURRENT SERVICES FROM MM DD YY TO MM DD YY																																							
19. ADDITIONAL CLAIM INFORMATION (Designated by NUCC)										20. OUTSIDE LAB? \$ CHARGES <input type="checkbox"/> YES <input type="checkbox"/> NO										22. RESUBMISSION CODE ORIGINAL REF. NO																																							
21. DIAGNOSIS OR NATURE OF ILLNESS OR INJURY (Relate A-L to service line below (24E)) A. B. C. D. ICD Ind. E. F. G. H. I. J. K. L.										23. PRIOR AUTHORIZATION NUMBER																																																	
24. A. DATE(S) OF SERVICE From To B. PLACE OF SERVICE C. D. PROCEDURES, SERVICES, OR SUPPLIES (Explain Unusual Circumstances) E. DIAGNOSIS POINTER F. \$ CHARGES G. DAYS OR UNITS H. EPSDT Referral Flag I. ID. QUAL J. RENDERING PROVIDER ID. #																																																											
1										NPI																																																	
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25. FEDERAL TAX I.D. NUMBER SSN EIN										26. PATIENT'S ACCOUNT NO.										27. ACCEPT ASSIGNMENT? (For good claims, see back) YES NO										28. TOTAL CHARGE \$										29. AMOUNT PAID \$										30. Resd. for NUCC Use									
31. SIGNATURE OF PHYSICIAN OR SUPPLIER INCLUDING DEGREES OR CREDENTIALS (I certify that the statements on the reverse apply to this bill and are made a part thereof.)										32. SERVICE FACILITY LOCATION INFORMATION										33. BILLING PROVIDER INFO & PH # ( )																																							
SIGNED DATE										a. NPI b.										a. NPI b.																																							

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PHYSICIAN OR SUPPLIER INFORMATION



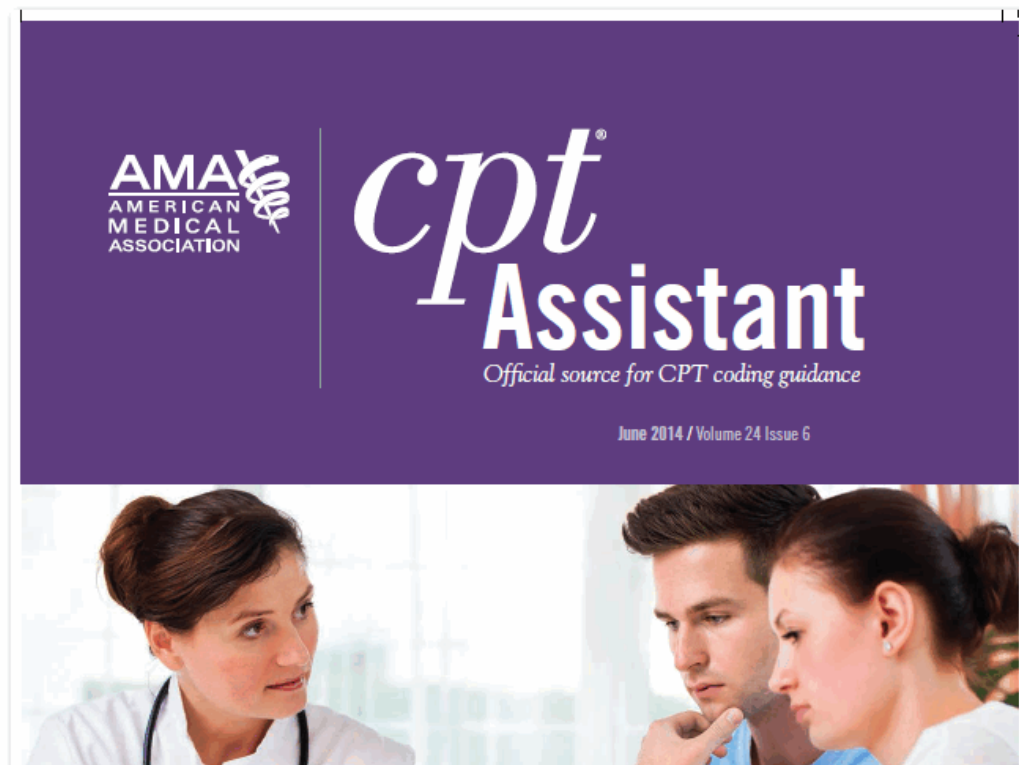
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I.		J.			K.		L.													
24. A. DATE(S) OF SERVICE						B.	C.	D. PROCEDURES, SERVICES, OR SUPPLIES (Explain Unusual Circumstances)				E.	F.		G.	H.	I.	J.		
From To						PLACE OF SERVICE	EMG	CPT/HCPCS MODIFIER				DIAGNOSIS POINTER	\$ CHARGES		DAYS OR UNITS	EPSDT Family Plan	ID. QUAL.	RENDERING PROVIDER ID. #		
MM	DD	YY	MM	DD	YY															
09	07	16	09	07	16	11			0364T				A	16	26	1		NPI		
09	07	16	09	07	16	11			0365T				A	162	50	10		NPI		
09	09	16	09	09	16	11			0364T				A	16	26	1		NPI		
09	09	16	09	09	16	11			0365T				A	162	50	10		NPI		
09	12	16	09	12	16	11			0364T				A	16	26	1		NPI		
09	12	16	09	12	16	11			0365T				A	162	50	10		NPI		
25. FEDERAL TAX I.D. NUMBER						SSN EIN	26. PATIENT'S ACCOUNT NO.				27. ACCEPT ASSIGNMENT? (For govt. claims, see back)		28. TOTAL CHARGE		29. AMOUNT PAID		30. Rsvd for NUCC use			
						<input type="checkbox"/> <input checked="" type="checkbox"/>					<input type="checkbox"/> YES <input checked="" type="checkbox"/> NO		\$ 536 28		\$ 536 28					
31. SIGNATURE OF PHYSICIAN OR SUPPLIER INCLUDING DEGREES OR CREDENTIALS (I certify that the statements on the reverse apply to this bill and are made a part thereof.)						32. SERVICE FACILITY LOCATION INFORMATION						33. BILLING PROVIDER INFO & PH. #								
Signature on File						[Redacted]						[Redacted]								
SIGNED						a.						b.								
09/30/16						DATE														

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## Current Procedural Terminology (CPT®) Codes



## **Adaptive Behavior Assessments and Treatment Descriptors for July 1, 2014 Reporting**

The Category III codes for adaptive behavior assessment and treatment are applicable to patients of any age with autism spectrum disorders (ASDs) or other diagnoses or conditions (eg, developmental disabilities, head trauma) associated with deficient adaptive or maladaptive behaviors (eg, impaired social skills and communication, destructive behaviors, or additional functional limitations secondary to maladaptive behaviors). These codes were developed by a CPT Editorial Panel workgroup consisting of members representing psychiatry, psychology, speech-language and hearing, clinical social workers, neurology, occupational therapy, behavioral analysts, pediatrics, and payers.

# Adaptive Behavior Treatment

The adaptive behavior treatment codes (0364T, 0365T, 0366T, 0367T, 0368T, 0369T, 0373T, 0374T) are used to report services for patients diagnosed with ASD or other diagnoses or conditions (eg, developmental disabilities, head trauma) associated with deficient adaptive or maladaptive behaviors (eg, impaired social skills and communication, destructive behaviors, or additional functional limitations secondary to maladaptive behaviors). These services are face-to-face with a patient or patient's family alone or in a group. The majority of these services are provided by technician(s) under the direction of a behavior analyst.

## Adaptive Behavior Treatment Codes



# Adaptive Behavior Treatment by Protocol

Adaptive behavior treatment by protocol (0364T, 0365T, 0366T, 0367T) is administered by a single technician under the direction (on-site or off-site) of the physician or other qualified health care professional by adhering to the protocols that have been designed by the physician or other qualified health care professional. This treatment is delivered to a patient alone (0364T, 0365T) or while attending a group session (0366T, 0367T).

● **0364T** Adaptive behavior treatment by protocol,  
administered by technician, face-to-face with  
one patient; first 30 minutes of technician time

+● **0365T** each additional 30 minutes of technician  
time (List separately in addition to code  
for primary procedure)

▶ (Use 0365T in conjunction with 0364T) ◀

# Adaptive Behavior Treatment by Protocol Modification

Unlike the adaptive behavior treatment by protocol, adaptive behavior treatment with protocol modification (0368T, 0369T) is not administered by a technician, but rather the physician or other qualified health care professional, who is face-to-face with a single patient, delivers the service. The



●0368T Adaptive behavior treatment with protocol modification administered by physician or other qualified health care professional with one patient; first 30 minutes of patient face-to-face time

+●0369T each additional 30 minutes of patient face-to-face time (List separately in addition to code for primary procedure)

► (Use 0369T in conjunction with 0368T) ◀

## Adaptive Behavior Treatment Codes

## Insurance Reimbursement (Anthem)

<u>CPT Code</u>	<u>Charge</u>	<u>Reimbursement</u>
0364T	\$16.26	\$14.63
0365T	\$16.26	\$14.63
0368T	\$82.50	\$34.76
0369T	\$82.50	\$34.76

## **Insurance Reimbursement (Anthem)**

### September 2016 – ABA Therapy Claim

Tendered bill to Anthem for \$3,809.66

Anthem reimbursed \$2,717.83

71.3% of the tendered claim was reimbursed

## **Paying for a full time ABA program**

Full time ABA programs in Northeast Ohio

All cost over \$70K per year

Combination of ABA health insurance coverage and Ohio Autism Scholarship covers most of program

Ohio Autism Scholarship is \$27K per year

Currently getting approximately 82% of cost covered

## **Submitting a claim for ABA therapy to your insurance company**

At the end of each month (or after services have been rendered) I send Anthem the following:

- Medical Claim Form

- Health Insurance Claim Form(s)

- Proof of payment (cashed check or credit card receipt)

- Copy of my daughter's health insurance card

- Cover letter describing exactly what I'm sending

## Submitting a claim for ABA therapy to your insurance company

**Anthem.**   
BlueCross BlueShield

**MEMBERS:** When submitting inquiries always include your Identification Number from the front of this card. Possession or use of this card does not guarantee payment.

**PROVIDERS:** Please submit claims to your local Blue Cross and/or Blue Shield plan. To ensure prompt claims processing, include the 3-digit alpha prefix that precedes the Identification Number listed on the front of this card.

**File medical claims to:**  
P.O. Box 105187 Atlanta, GA 30348-5187  
**File dental claims to:**  
P.O. Box 1115 Minneapolis, MN 55440-1115

**anthem.com**

Member Service	(855) 330-1106
Provider Service	(855) 854-1438
Pharmacist Questions	(800) 824-0898
Pre Authorization	(800) 752-1182
24/7 Nurseline	(800) 249-3617
Coverage while traveling	(800) 810-BLUE
Ped Dental/GRID Services	(877) 604-2166
Pediatric Blue View Vision	(866) 723-0515
Pediatric Vision Claims:	
PO Box 8504, Mason, OH 45040-7111	
<b>livehealthonline.com</b>	

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## What do you do if you have problems with the insurance company?

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Ohio.gov State Agencies | Online Services

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**Ohio Health Insurance Exchange**  
Information Link

Ohio Health Insurance Exchange Background for 2017

Teen Driver Safety Tips

Think Again.

Are You Adequately Covered?  
Think Again.

Ohio Means Jobs

Ohio's Home and Auto Rates Below National Average

**Mary Taylor**  
Lt. Governor / Director

Apply or Renew Agent License


Print my Agent License

Health Insurance










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## Consumer Complaint Form

The Consumer Services Division of the Ohio Department of Insurance provides consumer information and investigates complaints involving insurance companies and agents. Pharmacists filing complaints against PBMs can use the PBM form [here](#).

The Department cannot:

- Act as your legal representative, or give you legal advice
- Recommend insurance companies or HMOs
- Force a company to give you what you want if no laws have been broken
- Make determinations about medical necessity
- Address problems with your employer's self-funded health plan, unless the plan involves an insurance company, an HMO or an independent administrator that is licensed with the Department

Do you have a health insurance complaint because your health care service or treatment was denied, reduced, or terminated by your health plan? If yes, it may be too early for you to file a complaint, however you may have appeal rights. You may find information about your appeal rights by consulting your policy or contacting your insurance company or agent.

Click here for important information on [How to File a Consumer Complaint](#).

To file a complaint about an insurance company or agent, click here for the [Consumer Complaint Form](#).

### Top Consumer Links

- [Federal Medical Loss Ratio Rebate FAQs](#)
- [Consumer Questions or Comments](#)
- [Military Personnel](#)
- [Insurance Company Information](#)
- [Online Public Records Request](#)
- [Company Premiums/Complaint Ratios](#)
- [Market Share Reports](#)

### Quick Links

- [Administrative Actions](#)
- [Agent/Agency Locator](#)
- [Authorized Companies](#)
- [Consumer Publications](#)
- [File a Complaint With ODI](#)
- [ODI Ombudsman](#)
- [ODI Forms](#)

<https://www.insurance.ohio.gov/Consumer/OCS/Pages/ConsCompl.aspx>

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[Consumer Affairs](#) | [Medicare Services](#) | [Agent/Agency Services](#) | [ODI Services](#) | [Newsroom](#) | [Policy & Legislation](#)

[Consumer-Related Links](#)  
[Complaints Form](#)  
[Providers](#)  
[Insurance](#)

## Consumer Complaints Form

If you are a pharmacy wishing to file a complaint regarding a pharmacy benefits manager, please use our [PBM Complaints Form](#)

### Contact Information

Please provide your basic contact information in case we need to follow up on your complaint.

First Name

Middle Name

Last Name

Address Line One

Address Line Two

[Overview](#)  
[Contact Information](#)  
[Insurance Information](#)  
[Complaint Description](#)  
[Complaint Reasons](#)  
[Supporting Documents](#)  
[Submit Complaint](#)

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<https://gateway.insurance.ohio.gov/UI/ODI.CS.Public.UI/Complaint.mvc/DisplayConsumerComplaintForm>

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# ***How To File An Insurance Complaint With The State Of Ohio***



Consumers 1-800-686-1526 • OSHIP 1-800-686-1578 • Fraud & Enforcement 1-800-686-1527

## ***The Ohio Department of Insurance Complaint Process***

Ohio law gives insurance consumers the right to file a complaint against insurance companies, health maintenance organizations (HMOs), insurance agents and adjusters.

The Ohio Department of Insurance, one of the largest consumer protection agencies in the state, regulates automobile, homeowner's, renter's, certain health, life, annuities, nursing home, credit life, credit disability and pet insurance.

Annually, the Department saves consumers millions by reviewing different types of insurance complaints received from Ohioans related to cancellations, refunds, sales practices, misrepresentation, claim and benefit disputes, and more.

<https://www.insurance.ohio.gov/Consumer/OCS/Documents/HowtoComplain.pdf>



### ***How soon will I hear from Consumer Services?***

- You should receive a letter within two weeks confirming that we have received your complaint.
- Our letter will give your analyst's name, explain what action we are taking, and tell you how long it may take to conclude the process.

### ***How long will the investigation take?***

- An investigation usually takes approximately 30 days but can take much longer if your complaint involves a unique or complex problem.

<https://www.insurance.ohio.gov/Consumer/OCS/Documents/HowtoComplain.pdf>

### ***What will the investigation involve?***

- The Department will send the company a copy of your complaint and ask for an explanation of its position.
- Your analyst will review the company's response to make sure it has correctly addressed your problem— this may result in more letters or phone calls between the analyst and the company.
- Your analyst will send you a letter that explains the results of the investigation.

### ***What happens if the company refuses to correct my problem?***

- If there is no evidence of violations, the analyst's letter will say so and explain why we are closing the investigation.
- If the analyst is not satisfied with the company's response, we will continue to work on the case.
- If it is determined that the company or agent violated insurance laws, your complaint will be referred to the Department's Market Conduct Division or Enforcement Division for further action.

<https://www.insurance.ohio.gov/Consumer/OCS/Documents/HowtoComplain.pdf>

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## Ohio's Prompt Payment Law

### Provider Links

[Prompt Payment Law](#)

[Time Frames for Claims](#)

[Claim Processing](#)

[Complaint Form](#)

[Claims Covered by Law](#)

[Agency Contacts](#)

The Ohio Department of Insurance is committed to assuring the prompt processing and payment of healthcare claims. Ohio's Prompt Pay law establishes strict time frames for the processing and payment of claims. In addition, the law requires (health insurers, third-party payers, health insuring corporations, and third-party administrators) to inform healthcare providers of routinely required information; to establish a claim status check system; and to pay interest on late claims. The law establishes notice requirements and certain limitations on the recovery of overpayments.

Providers may file a prompt pay complaint by clicking [here](#). The Department may not be able to investigate and resolve individual complaints. However, the department monitors complaint activity and collects and analyzes other data to monitor claim-handling practices.

### Top Consumer Links

[Federal Medical Loss Ratio Rebate FAQs](#)

[Consumer Questions or Comments](#)

[Military Personnel](#)

[Insurance Company Information](#)

[Public Records Information and Request](#)

[Company Premiums/Complaint Ratios](#)

[Market Share Reports](#)

### Quick Links

<https://www.insurance.ohio.gov/Consumer/Pages/InsPrmpt.aspx>

**[§ 3901.38.1] § 3901.381. Time limits for third-party payer processing of health care provider claims; provider and beneficiary to be notified of denial.**

(A) Except as provided in sections 3901.382 [3901.38.2], 3901.383 [3901.38.3], 3901.384 [3901.38.4], and 3901.386 [3901.38.6] of the Revised Code, a third-party payer shall process a claim for payment for health care services rendered by a provider to a beneficiary in accordance with this section.

(B) (1) Unless division (B)(2) or (3) of this section applies, when a third-party payer receives from a provider or beneficiary a claim on the standard claim form prescribed in rules adopted by the superintendent of insurance under section 3902.22 of the Revised Code, **the third-party payer shall pay or deny the claim not later than thirty days after receipt of the claim.** When a third-party payer denies a claim, the third-party payer shall notify the provider and the beneficiary. The notice shall state, with specificity, why the third-party payer denied the claim.

<https://www.insurance.ohio.gov/Consumer/Documents/PPLaws.pdf>



**[§ 3901.38.9] § 3901.389. Liability for interest.**

(A) Any third-party payer that fails to comply with section 3901.381 [3901.38.1] of the Revised Code, or any contractual payment arrangement entered into under section 3901.383 [3901.38.3] of the Revised Code, shall pay interest in accordance with this section.

(B) Interest shall be computed based upon the number of days that have elapsed between the date payment is due in accordance with section 3901.381 [3901.38.1] of the Revised Code or the contractual payment arrangement entered into under section 3901.383 [3901.38.3] of the Revised Code, and the date payment is made. The interest rate for determining the amount of interest due shall be equal to an annual percentage rate of eighteen per cent.

<https://www.insurance.ohio.gov/Consumer/Documents/PPLaws.pdf>

*Thank You!*

Eric Gaum  
330-606-7986  
[regaum@hahnlaw.com](mailto:regaum@hahnlaw.com)

