



Autism 5k Run and Walk  
June 17 • Lock 3 • Downtown Akron

### EVENT DAY GUIDE 2017

Talk to us today on Twitter @ASGreaterAkron, #4Autism, #HotForSummer

**NEW ~** Look for us at the START & FINISH with FACEBOOK LIVE!

**NEW ~** Look for our filter in the Snap Chat APP – available while in the Lock!

### ~~~~~ THANK YOU ~~~~~

Thank you for participating in the Autism Society of Greater Akron's 7th Annual Autism 5k Run and Walk. This is our premier fundraising and autism awareness event and brings us together as a community to support those living the autism journey.

We thank our Presenting Sponsor Bevan & Associates, along with Gold Sponsors FirstEnergy Foundation, REM Ohio and SUPER Learning Center. See a full list of our amazing sponsors [HERE](#).

The Autism Society cannot do what we do without your support!

And for that...we sincerely thank you!

### ~~~~~ SCHEDULE OF EVENTS ~~~~~

#### FRIDAY, JUNE 16 • LOCK 3 • 10 AM – 2 PM

- Team & Individual Packet Pick-up
- Register for 5k Run and Walk: \$35 Fee / \$20 Student & Person with ASD
- Register for Fun Walk: No Fee (donations appreciated)
  - ✓ \$50 for official event t-shirt
  - ✓ \$100 for sunglasses, beach ball and shirt

## SATURDAY, JUNE 17 • LOCK 3

7:30 AM **Everyone must register, sign a waiver, and wear a bib - it serves as your entry to all activities**

- Registration Opens - \$40 Fee for 5k / \$20 Student & Person with ASD
- [Resource Fair](#) Opens
- ASGA Tent located beside Registration
  - \* Autism Awareness Items for Sale
  - \* **50 / 50 Raffle tickets sold by Pilot Club**
  - \* Resources & Information
  - \* Send a postcard to your senator advocating for Medicaid
- Inflatables by [Romp-n-Stomp](#)
  - \* Fire truck and Slide
- Kid's Zone
  - \* Sensory Tables
  - \* Giant Bubbles by [Akron's Children Museum](#)
  - \* Petting Zoo by [Catalyst Farmstalyst Farms](#)

8:00 AM

- [Akron's Children Museum](#) Opens  
***Must wear a bib for free entry***
- Lock 3 Concessions Selling Food
- Visit The Little Mermaid & Spidey by [Party People, LLC](#)  
*Located underneath tent on terrace*
- Pirates will be there too!

8:10 AM Welcome Remarks

- Laurie Cramer, Executive Director
- Dr. William Lanzinger, Walk Committee Chair
- Sara Kline, ASGA Board Chairman
- Music by [Beach Boyz DJ](#)

8:30 AM

- Time to thank our teams!
- Time to thank our sponsors!

8:45 AM

- 5k Runners and Walkers Line Up on Main Street
  - \* 5k Runners in Front
  - \* 5k Walkers Next
  - \* Fun Walkers Last
  - \* Look for signs

9:00 AM 5k Walk and Run Start  
***5k Walkers competing for medals must walk entire distance (i.e. no running please).***

9:15 AM Team Fun Walk Start

- 9:30 AM
- After Party Continues - ALL activities remain OPEN!
  - [Papa John's Pizza](#) for Sale
  - T-Shirt Contest on stage

**Medals will be awarded as soon as results are available**

- Awards Ceremony
- 5k Awards - [Overall & Age Group Winners](#)
- Grand Club Winners Recognized - Teams that raised \$1000 or more!
- Largest Corporate / Individual Teams Recognized

10:30 AM END - Thank You!

~~~~~ **PARKING** ~~~~~

O'Neil Parking deck next to Lock 3. Entrance is on State Street. Additional parking areas [HERE](#).

~~~~~ **COURSE** ~~~~~

**CAUTION:** There is some construction on the Towpath – it narrows after Spaghetti Warehouse. There are signs and course marshals, but please be careful and stay alert to changes. Course description [HERE](#).

~~~~~ **SAFETY** ~~~~~

**SAFETY:** We'll use the airport script to ask everyone to help us with safety by keeping your eyes open for any suspicious people or packages. If you are concerned about something, please report it to the ASGA tent or call 9-1-1.

**FIRST AID:** A nurse will be stationed at the Lock 3 Hut located near concessions. A first-aid kit, water and cool compresses will be available in the hut. Call 9-1-1 for more serious health concerns.

**WEATHER AND HYDRATION:** Saturday [weather](#) predictions are “partly cloudy with a high of 91 degrees.” We wanted #HotForSummer and we got it! Be sure to stay hydrated. There will be a water station at the finish line and two water stations on the 5k course.

~~~~~ **TEAM & INDIVIDUAL PACKET PICK UP** ~~~~~

Pick up bibs and t-shirts (if qualify based on fundraising) at the following times:

- ***Friday, June 16 from 10am – 2pm at Lock 3***
- ***Saturday, June 17 beginning at 7:30am***

## ~~~~~ TEAMS ~~~~~

**Packet Pick Up at Lock 3** - Teams may designate a person to pick up team bibs and shirts. Team Captains please let members of your team know that you have picked up their shirts.

**Participants registered AFTER Wednesday, June 14 MUST pick up their packets individually** – they will NOT be bundled with the team as packet bundling takes place on Thursday, June 15.

**Grand Club Members** - Top fundraising teams raising \$1,000 or more will have a TEAM POLE at the front of the stage. You will be recognized during the program.

**Donations** – Donations to guarantee race t-shirt must be received by June 12. Donations received after this date are subject to sizes and quantities available event day. Donations can be turned in at pre-registration on Friday from 10am-2pm at Lock 3 or at registration on Saturday beginning at 7:30am. Write a check payable to the Autism Society of Greater Akron for any cash received. Each Participant should consider making a donation to themselves in support of their team!

Please be sure to send a thank you to your donors!

## ~~~~~ POSTCARD FOR ADVOCACY ~~~~~

**BE AN #AUTISMADVOCATE:** Please go to the ASGA tent to sign a postcard to our representatives in Congress urging them to vote against cuts in Medicaid, the life line for people with autism and other developmental disabilities. Thank you!

## ~~~~~ 5k Runner / Walker PRIZES ~~~~~

**5k Runners** - Prizes for overall and fastest runners will be awarded by age and gender.

**5k Walkers** - Prizes for overall and fastest runners will be awarded by age and gender. Please walk the entire distance (no running and walking). PLAY FAIR and if you are a walker, do NOT run and walk the course or sprint at the end. It is intended to be a walking competition. Thank you for your cooperation. See prize page [HERE](#).

## ~~~~~ FUNDRAISING PRIZES ~~~~~

Everyone can qualify for prizes based on the amount of money raised.

**Online fundraising remains open until July 31, 2017.** Prize notifications will be sent by the end of August with prizes awarded at the Autism 5k Run & Walk Kick Off Meeting in February, 2018.

See prize page [HERE](#).

**Top Fundraising Team** - The Team that raises the most money will have the use of a RubberDucks Loge donated by the City of Akron at an upcoming Akron Rubberducks Game.

**Grand Club** - Teams raising \$1,000 or more receive recognition event day along with year round recognition on our website as members of the GRAND CLUB.

**WE LOOK FORWARD TO SEEING YOU SATURDAY!**