

Autism Society of Greater Akron (ASGA) Community Care Resource Guide

FOOD ASSISTANCE RESOURCES

National Resources

- FindHelp.org Search for free or reduced-cost resources like food, housing, and financial assistance.
- Feeding America Locate food banks across the U.S.
- <u>FoodFinder.us</u> Interactive map of nearby food pantries.
- <u>Freedge.org</u> Find or start a community fridge.
- ChangeX Community Fridge Map View local fridge locations.
- Mapping Little Free Pantry Locate small, community-driven pantries.
- Mutual Aid Hub Find mutual aid networks providing food and essentials.

Local Resources

Medina County: United Way of Medina County 211 – Connect with local pantries and assistance.

Portage County: <u>Portage County Health District's Food Resources Dashboard</u> - Find nearby food programs and pantry locations.

Stark County: <u>Stark Help Central – Food Resources</u> - Access listings of local food assistance options.

Summit County: 211 Summit Food Assistance - Get connected to food pantries and meal programs.

Wayne County: WHIRE - Links residents to local food support and community resources.

HEALTHCARE RESOURCES

National Resources

- Find a Health Center HRSA Locate federally funded health centers.
- National Association of Free & Charitable Clinics Directory of free or low-cost providers.
- New Eyes Provides eyeglasses for those unable to afford them.
- Planned Parenthood Sliding-scale healthcare services.



 <u>Patient Advocate Foundation Co-Pay Relief</u> – Financial assistance for co-pays and deductibles.

Local Resources

Medina County: Medina Health Department – Public health services and clinics.

Portage County: Portage County Health District – Community health and dental programs.

Stark County: Stark County Health Department – Immunizations, clinics, and family

services.

Summit County: <u>Summit County Public Health</u> – Community clinics and preventive care. **Wayne County:** <u>Wayne County Health Department</u> – Family planning, immunizations, and

primary care.

HOUSING RESOURCES

National Resources

- <u>Just Shelter</u> Housing aid and tenants' rights organizations.
- LegalFAQ.org Tool from Stanford Legal Design Lab for housing support.
- FindHelp.org Rental and utility assistance search.
- Tenants Together Learn how to form a tenants' union.
- 211.org Connect to local housing support lines.

Local Resources

Medina County: <u>Medina Metropolitan Housing Authority</u> - Provides affordable housing and rental assistance.

Portage County: Portage Metropolitan Housing Authority - Offers housing programs and rental support for residents.

Stark County: <u>Stark County Regional Housing Authority</u> - Assists with affordable housing options and vouchers.

Summit County: Akron Metropolitan Housing Authority - Supports residents with housing assistance and programs.

Wayne County: <u>Wayne Metropolitan Housing Authority</u> - Connects residents to affordable housing and rental aid.

MENTAL HEALTH RESOURCES

National Hotlines



- 988 Suicide & Crisis Lifeline: Call or text 988 Call or text 988 for immediate mental health support.
- Crisis Text Line: Text HOME to 741741 for 24/7 crisis counseling.
- NAMI Helpline: Text NAMI to 62640 for mental health information and support.
- Postpartum Support International: Text HELP to 800-944-4773 for perinatal mental health support.
- Veterans Crisis Line: Text 838255 for confidential help for veterans and service members.
- Disaster Distress Helpline: 800-985-5990 for crisis counseling after disasters.
- The Trevor Project: Text **START** to 678678 for LGBTQ+ youth crisis support.
- <u>Trans Lifeline</u> Peer support hotline for transgender and questioning people.
- SAGE LGBT Elder Hotline: 877-360-5428 for support for LGBTQ+ older adults.
- BlackLine: 800-604-5841 for peer support focused on the Black, Brown, and Indigenous community.
- SAMHSA National Helpline: 877-726-4727 for free, confidential substance use and mental health help.

Local Resources

Medina County: Alternative Paths - Behavioral health and crisis services.

Portage County: <u>Coleman Health Services</u> – Offers mental health, recovery, and crisis services.

Stark County: <u>StarkMHAR</u> – Connects residents to mental health and recovery resources. **Summit County:** <u>ADM Board of Summit County</u> - ADM Board of Summit County – Supports mental health and addiction recovery services.

Wayne County: <u>The Counseling Center of Wayne & Holmes Counties</u> – Offers counseling, mental health, and recovery support.

State Resource: Mobile Response and Stabilization Service (MRSS) - free service offering on-site support within 60 minutes for youth (20 and under) facing mental, emotional, or behavioral crises.

LEGAL RESOURCES

National Resources



- Immigrant Defenders Law Center Provides legal defense and support for immigrants facing deportation.
- National Immigration Law Center Advocates for the rights of low-income immigrants through policy and legal support.
- National Immigration Legal Services Directory Helps locate local immigration legal service providers.
- National Lawyers Guild Offers legal support and advocacy for immigrant and human rights issues.

Local Resources

<u>Community Legal Aid Services</u> - Provides free legal assistance and resources to low-income individuals and families.

NATIONAL BAIL/BOND FUNDS

- <u>Community Justice Exchange</u> Supports grassroots organizations working on criminal justice reform and community-led alternatives.
- <u>Black Immigrants Bail Fund</u> Provides bail assistance for Black immigrants in detention.
- <u>Envision Freedom Fund</u> Offers bail and legal support for individuals facing criminal or immigration detention.
- LGBTQ Freedom Fund Provides bail support for LGBTQ+ individuals in detention.
- The Bail Project Funds bail to help individuals safely await trial outside of jail.
- <u>National Bail Out</u> Organizes bail support for Black communities and those impacted by pretrial detention.

MUTUAL AID RESOURCES

National Resources

Mutual Aid Hub Resources – Learn how to organize mutual aid.

Local Mutual Aid

Medina County: <u>Medina County Volunteer Network (United Way)</u> - Connects volunteers with local community service opportunities.



Portage County: <u>Kent Social Services</u> - Provides volunteer opportunities and support for local community needs.

Stark County: <u>United Way of Greater Stark County</u> - Links volunteers with programs and initiatives to support the community.

Summit County: <u>United Way of Summit & Medina</u> - Offers volunteer opportunities and community support programs.

Wayne County: <u>United Way of Wayne & Holmes Counties</u> - Connects volunteers to local service projects and community resources.