



What could help you towards your goal?

2024 HOLIDAY SUCCESSES

- Visual schedule helped Ethan feel calm and prepared.
- Meaningful jobs boosted his confidence and involvement.
- Quiet space made transitions smoother.

Social stories, Sharing One Page Profile, Scheduling Breaks, Giving specific tasks that align with strengths

What could prevent you from reaching your goals?

- No breaks = exhaustion and frustration.
- Surprises and schedule changes caused stress.
- Lack of communication created tension.

Vision for What I Want

- Ethan helps cook and knows the plan.
- He enjoys family time with breaks.
- He shares his talents and feels confident.
- Family makes sure his needs are understood.

What I Don't Want

- Sudden schedule changes.
- No quiet space or breaks.
- Ethan feels left out or overwhelmed.
- Parents feel stressed and can't relax.
- Relatives misunderstand Ethan's needs.