

MY HOLIDAY CELEBRATION



The holidays are a time when families celebrate together. We eat special food, give gifts, and spend time with people we love.



On Christmas Eve, I will wake up at home. Later, we will go to Grandma's house. There will be lights and music. I will see family members.



If I feel tired or need a break, I can go to my quiet space. I can use my headphones or read a book. I can ask Mom or Dad for help.



Mom and Dad will tell me what is next. They will help me find my quiet space. Grandma will have snacks I like.

Here is my plan for Christmas Eve.



Breakfast → Drive → Grandma's → Dinner → Gifts → Quiet Time



Holidays can be fun.

I will do things I like.

I will have breaks when I need them.

I will have a happy holiday.