

How to Create a Social Story

1. Identify what activity or event needs to be explained?

2. Use Clear Language: one to two sentences, short and concrete.

3. Describe Steps in Order: What will happen, what the person can do, how others will help.

4. Add Visuals: Include drawings or actual photographs.

5. Keep It Positive: Focus on what is important to the person.

6. Read the story together at home or before doing the activity.