



# **My Thanksgiving**

WHAT TO EXPECT



Many people look forward to the Thanksgiving holiday.

They feel excited because they get to eat good food and visit with family and friends.





On Thanksgiving many families eat a large meal together.

My family will eat \_\_\_\_\_

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Here are pictures of some of the foods my family might eat at Thanksgiving.  
Draw, cut out your own or use the pictures on the next page to cut or circle foods.



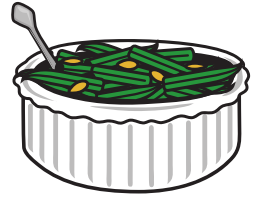
Apple Pie



Pumpkin Pie



Pecan Pie



Green Beans



Corn



Mashed  
Potatoes



Sweet  
Potatoes



Turkey



Ham



Cranberry  
Sauce



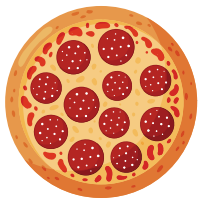
Rolls



stuffing



Hot Dogs



Pizza



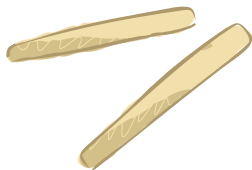
French Fries



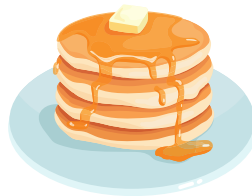
Pretzels



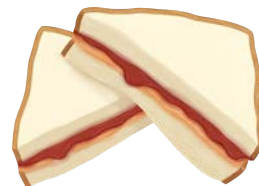
Chicken  
Nuggets



String Cheese



Pancakes



PB & Jelly



Mac & Cheese



Grilled Cheese



Chips



Yogurt



Sometimes, families will say a prayer together before dinner.

My family will \_\_\_\_\_

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Some families talk about things they are thankful for or that make them happy.

I am thankful for \_\_\_\_\_

\_\_\_\_\_



Here are pictures of some things I am thankful for or that make me happy.  
Draw, cut out your own or use the pictures on the next page to cut or circle things.



Family



Friends



Toys



Food



House



School



Church



Pets



Work



Art



Computer



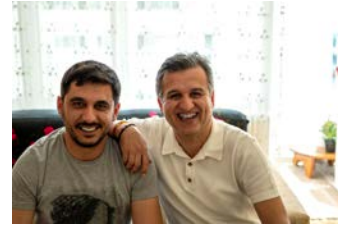
Books



Grandparents



Aunts



Uncles



Friends



Cousins

Sometimes other friends and family will be at the Thanksgiving holiday.

Some people who might be at my Thanksgiving holiday are \_\_\_\_\_

\_\_\_\_\_

Here are pictures of some people who might be at my Thanksgiving holiday.





After dinner some families play games and watch football.

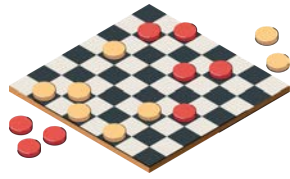
My family will \_\_\_\_\_

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Here are pictures of some things my family might do after dinner.  
Draw, cut out your own or use the pictures on the next page to cut or circle things.



Watch  
Football



Play Board  
Games



Play Sports



Listen to  
Music



Bake  
Together



Go for Walk



Decorate for  
Holidays



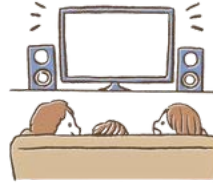
Read



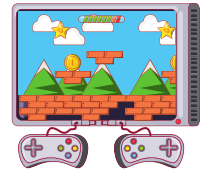
Take a Nap



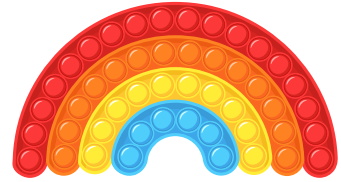
Make a Craft



Watch a  
Movie



Play Video  
Games



Sometimes there can be lots of people and it might get noisy. I might feel nervous,  
This is ok. I can use my favorite things to help me stay calm.

My favorite things that keep me calm are \_\_\_\_\_  
\_\_\_\_\_



Here are pictures of some things that help me stay calm.



If I get nervous, I can take a break. There is a safe and quiet place for me to go.

My quiet place is \_\_\_\_\_

\_\_\_\_\_

Here are pictures of the safe and quiet place I can go to if I need a break.



Some families travel for Thanksgiving. They might ride in a car, on a plane, or on a train. I will be at my home or the home of someone I know.

On thanksgiving, my family will \_\_\_\_\_  
\_\_\_\_\_



Here are pictures of where I will be on Thanksgiving day.



I will have a Happy Thanksgiving!